

# SUGGESTED PACKING LIST

All students are permitted one carry-on bag and one personal item such as a daypack or small handbag. No checked baggage. The maximum dimensions for the carry-on bag are 55 x 35 x 25 cm or 21.7 x 13.8 x 9.9 in. For the hand bag, the limits are 45 x 36 x 20 cm or 17.7 x 14.2 x 7.9 in.

The importance of packing lightly cannot be overstated. If you're worried about running out of something essential such as shampoo, remember that you can get it abroad. The average high temperatures in Italy in mid-March range from the mid 60s in Rome to the mid/upper 50s in Milan and Venice, with lows in the upper 40s. Layering your clothing works well.

<p><b>DOCUMENTS &amp; MONEY</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Passport</li> <li><input type="checkbox"/> ID</li> <li><input type="checkbox"/> COVID vaccine card</li> <li><input type="checkbox"/> Notebook &amp; pen for journaling</li> <li><input type="checkbox"/> Citizenship reading booklet (to be distributed in March)</li> <li><input type="checkbox"/> Credit / debit card</li> <li><input type="checkbox"/> Backup cash (USD is fine)</li> <li><input type="checkbox"/> Health insurance info</li> </ul>	<p><b>CLOTHING</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Shirts (5-6)</li> <li><input type="checkbox"/> Pants (3-4)</li> <li><input type="checkbox"/> Underwear &amp; socks (8)</li> <li><input type="checkbox"/> Shoes for lots of walking</li> <li><input type="checkbox"/> Sleepwear</li> <li><input type="checkbox"/> Sweater or fleece</li> <li><input type="checkbox"/> Jacket</li> <li><input type="checkbox"/> Hat / scarf / belt</li> </ul>	<p><b>PERSONAL CARE</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Travel-size versions of:               <ul style="list-style-type: none"> <li><input type="checkbox"/> Shampoo</li> <li><input type="checkbox"/> Toothpaste</li> <li><input type="checkbox"/> Toothbrush</li> <li><input type="checkbox"/> Deodorant</li> <li><input type="checkbox"/> Floss</li> <li><input type="checkbox"/> Sunscreen</li> <li><input type="checkbox"/> Hand Sanitizer</li> </ul> </li> <li><input type="checkbox"/> Medications (provide to chaperones)</li> <li><input type="checkbox"/> Supply of face masks for 8 days, plus a few extras</li> <li><input type="checkbox"/> Glasses / contacts / sunglasses</li> <li><input type="checkbox"/> Small packet of tissues</li> </ul>
<p><b>ELECTRONICS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Mobile phone</li> <li><input type="checkbox"/> Laptop/tablet (if desired; not required)</li> <li><input type="checkbox"/> Chargers</li> <li><input type="checkbox"/> Plug adapter for Italy</li> </ul>	<p><b>MISCELLANEOUS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Money belt, neck wallet, or similar</li> <li><input type="checkbox"/> Book to read for plane and train rides</li> <li><input type="checkbox"/> Water bottle</li> <li><input type="checkbox"/> Small umbrella</li> <li><input type="checkbox"/> Contact wireless provider about international cell service/data</li> <li><input type="checkbox"/> Set travel notice with bank for credit / debit card and ATM access</li> </ul>	